



PASSING THE PRESIDENTIAL GAVEL

Take a moment from your usual lives of emails, texts and on-line media to enjoy this “boutique” printed newsletter, full of authentic photos documenting the NH-PCMS 2013 year. We appreciate Bonnie Brown and 2nd VP Anne Allen, MD, for putting this one together. As these photos are worth >1000 words, and as I am a fan of Lincoln and the Gettysburg Address, I will try to be succinct.

The 147-year-old New Hanover-Pender County Medical Society (est. 1867) is one of the oldest and, arguably, still the most-active society in the state. Proudly, three of our current members are former NC Medical Society presidents -- Mike Moulton, MD; C. K. Rust, MD; and Frank Reynolds, MD. There were more local state presidents before that. We need to continue that tradition to stay abreast of political and regulatory changes relevant to patient care, public health and the practice of medicine.

At the state level, the NC Medical Society -- with its physician leaders and attorneys -- is constantly vigilant in the NC Legislature to ensure best medical practice through advocacy and policing of proposed NC legislation that affects professional licensing, patient protections, physician education and practice management. They keep Society members, physicians-at-large, legislators, and the public informed about significant and relevant proposed legislation. We all receive overt and subliminal benefits from NCMS and NH-PCMS, regardless of whether we are current members. However, only continued membership will assure that these important entities continue for another 150 years and more.

Many thanks to Michael Moulton, MD, (and his wife and colleagues) for his service for the larger cause, as NCMS President for 2013, which must have been an enormous sacrifice.

At the local level, the NH-PCMS most importantly has been, and should continue to be, a “polite, refined, and respectable environment” where members can put aside competitive, stress-induced, ego-related and business-related differences in the office and hospital setting, and come together to support and recognize one another.

The most important functions of the Medical Society are:



- To present a unified commitment to patient care and public health to the general public.
- To educate members on constantly-changing scientific, cultural, regulatory and economic issues and assist in leadership development.
- To address self-care of health care professionals, not adequately provided in the office, hospital or home.
- To support charitable causes relevant to the health of the public.

An important principle that has been followed consistently in the NH-PCMS is that all members are equally recognized for their efforts and achievements. The

Inside this issue:

Message from the President	1-2
Life Members 50-Year Club Inductees New Members In Memoriam	3
Message from the NCMS Immediate Past President	4
Retired Physicians Section	5
Alliance News Leadership Scholars	6
2013 Program Highlights Premedical Scholarship	7
Athletic Screenings Outgoing Officers Spring Social	8
Family Day	9
Health Care Heroes	10
Trailblazing James Jones	10-11
Summer Social	11
2013 Donor Roll of Honor	12
Angelina Edralin Knox Tribute	13-14
Albert Schweitzer Honors Community Service Award End-of-Year Oyster Roast 2013 NCMS Annual Meeting Delegates	15
Holiday Party	16
History Of Medicine	17-19
Executive Committee 2014	20

....Continued from Page 1



meetings that have honored 50-Year and Lifetime members and historical programs have had the greatest pull, and they serve an essential purpose. They serve as an inspiration to younger members to reveal the sacrifices, obstacles and perseverance of individuals who have cleared a way for those that follow. (e.g. the Sam Warshauer memorial that included a droll description of how the first ECG machine was acquired; presentations from Drs. Frank Reynolds [pediatrics] and Bertram Williams [surgery] on the evolution of modern medical practice regionally and at NHRMC). The humility and appreciation of the 50-Year and Lifetime honorees has been profound.

Please see a list of 2013 Society functions, activities and sponsors on our redesigned website: nhpcms.org.

The highlights this past year are our redesigned website, increased membership, solidarity of the Executive Committee, continued contributions to the Pre-medical Scholarship fund and Domestic Violence Shelter, participation in athletic physicals, Family Day, and our informative program topics (professional self-care, the NC Film Commission, Olympics and Paralympics medical and legal issues,

Medicaid regulatory update, the regional effects of global warming and local gang violence).

Also note the musicians who sang and played at the spring, summer and holiday socials. The increased attendance at these events confirms that inviting our very own (and abundantly talented) members to perform may continue to be the paradigm for future social events.

As you peruse this newsletter, recall the enjoyment and significance of these events, or be amazed at what you missed and rejoin the Society in 2014. Thanks to Bonnie Brown for her extraordinary organizational skills, attention to detail, discretion, consideration and respect for the entire spectrum of our members, and ongoing personal dedication to our local society.

One anticipated new endeavor of the Society will be responding to an invitation for input into the ongoing UNC-Wilmington Health Transition Series. Health care reform does offer opportunities for closer integration between physician practices, and with other medical entities.

In addition, I think we will see increased membership in the Medical Society as it maintains its focus on the quality of medical practice and public health, and provides services to members not likely otherwise available to “physician employees” of the future. Our new 2014 President, James McCabe, MD, has set a priority for welcoming members who are new to the community and those who are recently trained.



The “life blood” of the NCMS and NH-PCMS, and the provision of humanistic, biomedical-science-based patient care, will depend on physician camaraderie, solidarity and consensus. A wide-based Society membership and personal involvement will be essential.

John W. Sanders, MD, MPH
2013 NH-PCMS President

P.S. For 2014, rejoin the NCMS and New Hanover-Pender County Medical Society at ncmedsoc.org/renew.
Questions? Contact Mrs. Bonnie Brown, NH-PCMS Executive Director, at 790-5800; MedicalSociety@NHPCMS.org



Life Member Honoree



Thomas Blackstone, MD

Life Member Honoree



Charlie Hunter, MD

Life Member Honoree



Dennis Nicks, MD

Life Member Honoree



Fred Van Nynatten, MD

Life Member Honoree



Clifford Lewis, MD

Life Member Honoree



William McMillan, MD

50-Year Club Honoree



Abe Walston, MD

50-Year Club Honoree



Britt Taylor, MD

Welcome New Members

Cynthia Colette Colquhoun, MD; Theresa Ann Kallman, MD; Whitney Nugent King, MD; Joshua Ward Sawyer, MD; Ross Elwood Williams, MD; Kristin Brooke Merritt Chalk, MD; Carrie Ann Fales, MD; Melinda Jennifer DuBose, MD; Allen Jason Holmes, MD; John B. McElhinney, PAC; David Allen Rockwell, MD; Oliver Jay Hodgkiss, PAC; Aman J. Pathak, MD; Todd Cameron Snyder, MD; Elizabeth Southerland Weinberg, MD; Lawrence P. Landrigan, PAC; Nathan Montgomery, PAC; Crystal Dawn Hill, PAC; Megan Louise Vigliano, PAC; Gregory Ronald Davis, MD; Jacqueline Masale Njapa, MD; Mark Anthony Versnick, MD

IN MEMORIAM

Physicians

Howard Summerell Hussey, Jr., MD, 02-28-13 • Charles Robertson Vernon, MD, 03-13-13
 Harry Monroe Nelson, 07-02-13 • Ernest Tilghman Poole, MD, 07-08-13
 Samuel Edward Warshauer, MD, 08-01-13 • Douglas Frisbie Newton, MD, 09-10-13
 Arthur Saunders Chesson, Jr., MD, 10-15-13 • George Edward Prince, MD, 11-27-13

Physician Spouses and Widows

Barbara Casteen Koseruba, 01-08-13, Widow of George Koseruba, MD
 Marguerite Crow Reynolds, 01-21-13, Wife of Frank Reynolds, MD
 Doris McDonald Pickard, 05-08-13, Widow of Mack Pickard, MD
 Miriam Miller Warshauer, 07-03-13, Wife of Samuel Warshauer, MD

Children of Physician Couples

Gene Fred Wallin, 11-05-13, Son of Dr. and Mrs. Gene Wallin

2013 NCMS Year in Review

by Michael P. Moulton, MD



NCMS First Family, 2012 Inauguration Evening

As your NCMS Immediate Past President, I would like to thank you for your involvement in the Medical Society and share some of the highlights of my year with you. It was a productive year on the state level of organized medicine.

You should be proud of your medical society. Until I had the honor of serving as your President, I really had no appreciation for the amount and quality of work your staff provides everyday on your behalf. As a NCMS member, I had a glimpse of the talents of our Medical Society Staff. As a Board Member, I was privy to the depth of their talent, but it really wasn't until I served as your President that I truly appreciated the abilities of our staff. This year we accomplished many things. Here are a few of the very important issues we faced and will work on tirelessly in the future:

- Successfully endured a full legislative session.
- Managed the ramifications from NC opting out of the ACA Medicaid Expansion, forgoing all the accompanying federal dollars.
- Battled the ancillary health care providers as they continued to try to expand their scopes of practice by any legislative means available.
- Continued to actively oppose those who are aggressively trying to push our Medicaid system into an HMO type of management.
- Filed a comprehensive Medicaid reform proposal with the Department of Health and Human Services.
- Raised more than \$120,000 in NCMS PAC funds.
- Launched a brand new coalition (NC Coalition to Protect Patients) aimed at improving the quality and content of our message to legislators on professional regulation issues.
- Negotiated changes to the state's Controlled Substance Reporting Act to allow physicians to delegate office staff to use the system, rather than requiring physicians to do so.
- Won the first fee increases for physicians in the workers' compensation fee schedule since 1995.
- Maintained the significant tort reforms passed in 2011.
- Hosted 21 White Coat Wednesdays.
- Exceeded 12,000 active members.
- Dedicated a newly renovated NCMS Headquarters.

This year I was privileged to closely witness NCMS support hundreds of physician practices during Medicaid's tumultuous transition to NC Tracks. Without the direct intervention of your NCMS Staff, many of these practices would have had to close their doors. As President, I was a small part of a much larger team who care for the patients and physicians of this great state. Mr. Bob Seligson is an excellent EVP and tremendous leader of our organization. The NCMS Staff, Board of Directors, and President, Dr. Sangvai, have my fullest confidence for this upcoming year and the challenges they face on our behalf.



Michael Paul Moulton, MD completed his year as NCMS President on October 25. He is pictured receiving the Presidential Plaque from Dr. Robert Monteiro.



Retired Physicians Section Alive and Well!



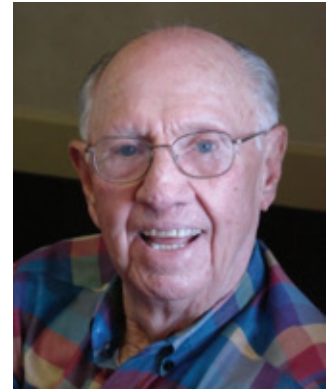
The Retired Physicians Section (RPS) began in May of 1996. Elisha Thomas Marshburn, Jr., MD served as its able coordinator until May of 2003. There was no down time. Ralph Bertram Williams, Jr., MD succeeded Dr. Marshburn in that same month and, nearly eleven years later, continues to lead the most fun group in the medical community! Everyone arrives at meetings eager to hear and participate in a wonderful program and re-connect with friends of longstanding – and to meet many physician couple retirees to the Port City who join this genial group. Any physician and his or her spouse, friend or driver is welcome. There are no dues or membership requirements. Everyone simply pays for his or her lunch, the price of which has risen to \$15 due to inflation. In November, the group decided to change its meeting site from UNCW to Cape Fear Country Club. The change has been a positive one. RPS convenes during odd months of the year.



Howie Franklin



Philip Gerard



Bob Jenkins

During 2013, RPS has hosted celebrities of local and national renown. Consider: author Philip Gerard's January presentation, "Siamese Twins in the Civil War: the Story of Eng and Chang Bunker"; Howie Franklin's tales of serving five U.S. Presidents aboard Air Force One; Dr. James C. Burke's description of the Wilmington and Weldon Railroad, which upon completion of its 161 miles of track in 1840, was the longest railroad IN THE WORLD; hearing everything that we did not know to ask about Wilmington and its beginnings from Bob Jenkins of The Wilmington Adventure Walking Tour Company; or, editor of *Remembrances of Wars Past* and author of the book, *I Never met a Paranoid Schizophrenic I Didn't Like* and the novelette, *The Tuxedoed Corpse* (set in Wilmington), Dr. Henry Tonn. Everyone present at these fascinating presentations would like to have heard the same talks a second time!





The Cape Fear Medical Alliance to work with United Way of the Cape Fear Area again in 2014 to build ANOTHER Born Learning Trail in Wilmington!!



The Cape Fear Medical Alliance partnered up with the United Way to build the Born Learning Trail at Portia Hines Park in Wilmington in 2013. The Born Learning Trail captures 10 fun outdoor games on engaging signs to help parents and caregivers create learning opportunities for a young child. It is a community change strategy, helping boost children’s language and literacy skills – and encouraging families to get active!

We look forward to collaborating with United Way and the City of Wilmington again in 2014 to sponsor another Born Learning Trail in the spring!



Other highlights of 2013:

- We were a White Level sponsor at the American Red Cross fundraiser this year.
- We continue to make financial contributions to the Hospitality House in Wilmington which serves as a place to stay when families must come to town and seek medical treatment.
- We sponsored 2 families at the Carousel Center to provide gifts of toys and clothes to assist those families during the Holidays!



Please visit our website to contact us about purchasing cookbooks (members \$10 or 3 cookbooks for \$25) www.capefearmedicalalliance.org/cookbook and follow our projects on Facebook at <http://www.facebook.com/pages/Cape-Fear-Medical-Alliance/141307122605006>

Happy New Year!

Jennifer L. Adams - *Cape Fear Medical Alliance Treasurer/Secretary*

2014 NCMS Leadership College Participant



Michael A. Nichols, M.D., Ph.D.

2013 NCMS Leadership College Class Graduate



Jeffrey W. Wright, M.D.

DesignLoud | Web & Graphic Design Studios
 2210 Wrightsville Avenue, Suite 1A Wilmington, NC 28403
Derek Schmidt, President
 Developer for New Hanover-Pender County Medical Society
 Specializing in Web Design & Development and
 Internet Marketing such as PPC Advertising and
 Search Engine Optimization.
 For a Free Consultation, Call 910-399-6237.



2013 Program Highlights



2013's Inaugural Speaker
Dr. John-Henry Pfifferling
Founder and Director of the Center
for Professional Well-Being



May 15 Joint Meeting
Anne Allen, MD and Kacie Wallace, JD
Work with Olympics and Paralympics



March 20th Meeting
Johnny Griffin, Director,
NC Film Commission



June 19 Meeting
Henry Hawthorne, MD; Steve Keene, JD
on Medicaid



September 18 Meeting
Doug Gamble, Ph D
Global Warming



November 20 Meeting
The Honorable Rebecca Blackmore
(and Det. Michael Spencer)
"Gang Violence and Prevention"



October 16 Meeting
"Practice of Medicine Prior to 1950" by
Drs. Frank Reynolds, Bertram
Williams, Ed Whitesides

Premedical Scholarship Recipient



Sophia Aravidis, Cary, NC

Fluent in English, Greek and Spanish, Sophia grew up in the diverse cultures of Tri-State, NY and Raleigh-Durham. On a trip to Honduras, she realized that the same people returned to the clinic every 3 months to get treatment for the same ailment. Her passion for helping underdeveloped and underrepresented communities led her to propose a solution to UNCW for initiating an ongoing program of preventative medicine, UNCW Public Health Brigades. To this end, a group of students will visit Latin America twice per year, beginning with Honduras.

Thank You, Athletic Screening Exam Volunteers!

Each year, the Medical Society, in concert with the local public and private school systems and the Health Department, conducts state-mandated athletic pre-participation screening exams for New Hanover County athletes and cheerleaders (Pender was invited to participate in 2013, as well.). Begun decades ago, physicians and physician assistants perform between 600 and more than 1,000 exams, annually, at no cost to the school systems or students' parents.

Many thanks to Anne Allen, MD, who was coordinator for Female Athletes and Patrick Boylan, MD, who coordinated for Male Athletes. Thanks, also, to practicing physician volunteers: Renuka Bhan, Khadijia Tribie, Karen Harum, Christy Tharenos, Kyle Rhodes, Victor Abraham, Clyde Harris, Edward Whitesides, Edward Ricciardelli, William Sutton, Lee Andries and Karen Isaacs. Physician Assistant volunteers were: Thomas Marcinowski and Debbie Sherman. And, a special thanks to resident physicians: Jessica Knapp, Monique Moona, Richie Smits, Mindy Fairbanks, Sonya Williams, Jona Lamphier, Mostafa Rezk, Stephen Sasser, Shelly Odom and Sonya Williams.

Outgoing 2013 Executive Committee

President	John W. Sanders, III, MD
Immediate Past President	Edward W. Whitesides, MD
President-Elect	James C. McCabe, MD
First Vice-President	William W. Hope, MD
Second Vice-President	Joanne B. Allen, MD
Secretary	Edward Joseph Ricciardelli, MD
Treasurer	J. Todd Kornegay, MD
Assistant Treasurer	S. Bryan Durham, MD
Member-at-Large (New Hanover)	Darrell Ernest Hester, MD
Member-at-Large (Pender)	Michelle F. Jones, MD
NCMS President 2012-2013	Michael P. Moulton, MD
Former NCMS President	Frank R. Reynolds, MD
Former NCMS President	C. K. Rust, II, MD
RPS Coordinator	R. Bertram Williams, Jr., MD
Executive Director	Ms. Bonnie J. Brown

Spring Social 2013



Extreme fun at the Spring Social was due, in large part, to the remarkable cumulative talent of the NHHS Jazz Catz!



NH-PCMS Family Day



Health Care Heroes Event Premiers

Rob Kaiser, Publisher of *The Greater Wilmington Business Journal*, approached the Society: "We want to honor those individuals who have gone above and beyond in caring for people in our community, award scholarships and provide an enjoyable networking opportunity. The goal is to establish this event as an annual celebration to unite the medical community and supporters in the Wilmington area. Will you help us publicize the project and the awards event?" The Executive Committee's response was, "Yes!" During a gala on November 16, three Medical Society members were honored as winners in their respective categories: Lifetime Achievement, James Jones, MD; Community Achievement, J'Nelle Ruscetti, PA-C; Physician, Jonathan Hines, MD. Eight Society members were among the top two or three in their categories: Joseph Pino, MD; Pam Taylor, MD; Philip Brown, Jr., MD; Thomas Clancy, MD; Nick Jernigan, MD; Charles Kays, MD; Tor Ljung, MD; Jonathan Woods, MD. Congratulations to each of these outstanding providers and to all local physicians who give so much to their patients and the community. Part of Lifetime Achievement Award winner, Jim Jones' amazing story is below.

Trailblazing James Jones ('55, MD '59)

First Native American graduate became a giant in medicine and education

By Kerry M. King ('85) *Wake Forest Magazine*, Published December 17, 2012



James G. "Jim" Jones ('55, MD '59) didn't come to Wake Forest to be a trailblazer. A Lumbee Indian who grew up on his grandparents' farm in Pembroke, N.C., he simply wanted to follow in the footsteps of his hero, Albert Schweitzer, and become a medical missionary in Africa. It wasn't until years later that he discovered he was the first Native American student to graduate from Wake Forest.

Jones, who turns 79 this month, never made it to Africa. Instead he became a national crusader for family medicine and a passionate advocate for delivering medical care to poor and rural communities.

"I gradually came to understand I hadn't been divinely inspired," he says of his decision in medical school to refocus his life's calling closer to home. "Someone once said that I created my own mission field in eastern North Carolina."

Jones also opened the doors for other Native Americans to attend Wake Forest, including his cousin, the late Lonnie Revels ('58, P '82). Jones, Revels and Lucretia Hicks Dawkins ('10, MAM '11), who founded the Native American Student Association, were honored in November at a ceremony that was part of the "Faces of Courage" yearlong celebration of 50 years of integration at Wake Forest. In 1962, after the Trustees voted to end segregation, Ed Reynolds ('64) became the first black student to enroll.

James G. Jones

1955 Graduates from Wake Forest College

1958 Graduates from Bowman Gray School of Medicine. Interns at Grady Hospital in Atlanta, followed by a two-year residency with the U.S. Navy at Camp Lejeune, N.C.

1962 Begins practicing in Jacksonville, N.C.

1972 Named president of the N.C. Academy of Family Physicians

1974 Develops Family Medicine Program at East Carolina University's new medical school

1976 Named chairman of the Department of Family Medicine at ECU

1988 Named president of the American Academy of Family Physicians

1994 Appointed the first executive director of the North Carolina Health Planning Commission; retires from ECU

A colleague once described Jones as a "giant in medicine in North Carolina." A country doctor who started his practice in Jacksonville, N.C., Jones became one of the state's most forceful advocates for establishing a new discipline called "Family Medicine." He founded the Family Medicine Program at East Carolina's new medical school in the 1970s — and prodded UNC, Wake Forest and Duke to start similar programs — and chaired the department for two decades.

He used the bully pulpit of the presidency of the American Academy of Family Physicians in the '80s to raise awareness of the need to train doctors for rural areas. And, as North Carolina's top health-planning director in the '90s, he warned of a coming health crisis and advocated greater accessibility and affordability for health care.

Nothing in Jones' background suggested the influential role he would play in medicine. He was only 5 years old when his parents left him and his four brothers and sisters with their grandparents. "It turned out to be a blessing," Jones says. His grandmother, a teacher in a one-room school, instilled in him religious and educational values and a strong work ethic.

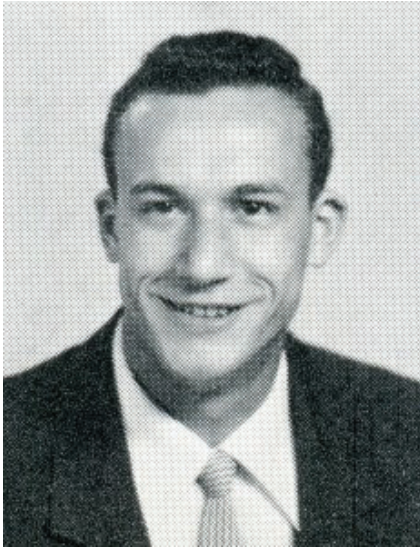
He decided early on that he wanted to become a medical missionary after his high school biology teacher sparked his interest in medicine and a Baptist missionary his interest in mission work. "I was inspired when I was quite young," Jones says. "I felt a strong urge to commit myself for service in the church or whatever God led me to do."

He transferred to Wake Forest after two years at Mars Hill Junior College. He doesn't know if anyone at Wake Forest realized he was

...Continued on Page 11



...Continued from Page 10



Native American when he applied. It never occurred to him that his race might be a problem. “I wasn’t arrogant; I was just naive,” he says.

<<< Jim Jones as a student

He became active in Student Government — learning political skills that would serve him well decades later leading medical associations — and waited tables in Francis’ Grill in downtown Wake Forest. Other than one roommate who told “Indian jokes” — but there was nothing malicious about it, Jones says — he was treated well.

Despite a stellar academic record, Jones faced hurdles when he applied to Wake Forest’s medical school. He feared that he would not be admitted following what he calls hostile, racist questioning in his medical-school interview.

Decades later he learned that one of his professors at Mars Hill had strongly encouraged the medical school to accept him. It was an act of kindness he never knew about at the time, he says. He flourished in medical school and was elected class president two years.

Half a century later, Jones still remembers the friendships with classmates and the mentoring in the college and medical school, especially by philosophy professor A.C. Reid (’17, MA ’18, P ’48) and medical school professor Wingate Johnson (1905, MA 1906). For much of Jones’ career, he kept framed photos of Reid and Johnson in his office.

“I was blessed at Wake Forest and Bowman Gray (School of Medicine) with faculty showing personal interest in me and guiding me,” Jones says. “Did they do that because I was different? I don’t know. Maybe it’s my naiveté. I think they saw a student that they wanted to help. The personal touches with faculty meant so much to me and have guided my life.”

Jones credits Reid with changing his life after the two got off to a rocky start. Registering for classes one semester, friends warned him against taking Reid for an ancient philosophy class. When he signed up for philosophy — back in the days when professors sat at long tables to personally enroll students — he told the professor he wanted anybody but Reid. The professor replied that he had good news and bad news: The good news was there was an opening in his class, but the bad news was that he was Dr. Reid.

His relationship with Reid didn’t improve when he received a ‘C’ on his first paper. He recalls storming into Reid’s office demanding to know how he could receive such a poor grade. Reid’s answer has stuck with him: “Have you ever thought about thinking?”

Jones had to admit he hadn’t. “That was a novel idea. I had never truly learned the discipline of thinking. You memorize and give answers back without much thought.” Jones went on to make an A in Reid’s class, and they became close friends.

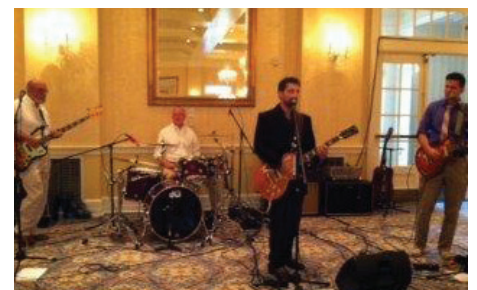
Forty years later, Jones received an unexpected call from Reid’s grandson, Dr. Lachlan Farrow, president of the Albert Schweitzer Fellowship program, based in Boston. The Schweitzer program supports approximately 250 graduate students annually who develop yearlong service projects to meet the health needs of underserved communities. Farrow had read about Jones’ affection for his grandfather Reid in *Wake Forest Magazine* and wanted to know if Jones would help him expand the Schweitzer program to North Carolina.

Jones helped launch the N.C. Schweitzer Fellows Program in 1994. Since then, about 350 fellows — including nearly 50 students from Wake Forest’s School of Medicine as well as law and divinity students — have served their communities, in much the same way as Jones.

“I’ve had a blessed life,” says Jones, officially retired on the North Carolina coast but maintaining an active schedule of conferences and public speaking. “Who would have thought a little boy abandoned on a little farm in nowhere, North Carolina, would have had a chance to do all this? I owe a lot of that to Wake Forest.”

Summer Social 2013

An evening to honor the past year’s newcomer physicians and their spouses, the Summer Social is traditionally the largest event of the year. A new offering in 2013 was shag dancing lessons.





2013 ROLL OF HONOR AND THANKS TO SUPPORTERS

These Four Benefactors Provided In-Kind Support Throughout The Year!

IPM Computers, Mr. Greg Rogers: Information Technology

DesignLoud, Mr. Derek Schmidt: Website Development

StarNews, Ms. Nancy Nix: Newspaper Articles

Cumulus Broadcasting, Mr. Fenton Maxwell, Ms. Beth Sorace and Ms. Pamela Heider: Health PSAs

January 16

Coastal ID Consultants: Drs. John Sanders and Aman Pathak

Dr. and Mrs. Edward Whitesides, Accommodations for Speaker, John-Henry Pfifferling, PhD

February 20

All Wilmington Health Physicians and Physician Assistants

Wilmington Plastic Surgery Specialists:
Drs. Ken White, Charles Kays, Jeff Church and Mark Morgan

March 20

Wilmington Primary Care: Fred Van Nynatten, MD

April 17 Spring Social at BlueWater

Dr. and Mrs. John Sanders, Sponsors of New Hanover High School Jazz Catz Band

May 15 Joint Meeting with the New Hanover County Bar Association and Wilmington Duke Club at BlueWater

Cape Fear Solar Systems, LLC: Dr. Kenneth Varner

Friday, May 31 Family Day at Halyburton Park

Drs. Scott and Cynthia Colquhoun, Beverages

OrthoWilmington Physicians and Physician Assistants:
Ice Cream Truck

Port City Medical Associates: William Joyner, MD

Coastal Behavioral Sciences: Drs. Robby and Kym Adams and Dr. Timur Akinli

All Wilmington Health Physicians and Physician Assistants

2013 Medical Society Executive Committee

August 28 Summer Social

Wilmington Gastroenterology and Endoscopy Center

New Hanover Regional Medical Center

Musicians:
Soloists, Miss Rebecca Goudarzi and Dr. Darrell Hester

August 28 Summer Social

Alternative Vision Band:
Drs. Bobby Brownlow, Leon Charkoudian and Matej Polomsky and Mr. Steve Walsh

September 18

Cape Fear Pediatrics: Drs. Thomas Blackstone, Cynthia Colquhoun David Hill, Theresa Kallman, Doris King, Whitney King Hoke Pollock, Rajeesh Solanki and Ross Williams

October 16

Carolina Geriatrics: Kavita Persaud, MD

November 20

Carolina Geriatrics: Kavita Persaud, MD

Morgan Stanley Wealth Management: Mr. Matt Bennett

Coastal Thoracic Surgical Associates:
Drs. Ivan David, Peter Kane and Howard Marks

Friday, December 06 Holiday Party

THE FIRST RESPONDER:
Wilmington Ear, Nose and Throat Associates:
Drs. Gene McMurry, Betsy Von Biberstein
George Brinson and Stuart Hardy

TRANSFUSER:
Live Oak Ophthalmology:
Drs. Darrell Hester and Brian Groat

TRANSFUSER:
Coastal Carolina Eye Clinic:
Drs. James Kesler, Molly Allen, Gregory Johnson and George Escaravage

PUMP OXYGENATOR:
Kavita Persaud, MD

PUMP OXYGENATOR:
2013 Executive Committee Physicians

Musicians: Miss Rebecca Goudarzi and Dr. Ken Varner
BATSTONE:
Drs. Bill and Grace Gramley, Mr. Ed Mondello
Mr. Matt Clark and Mr. Tony Palumbo



Angelina Edralin Knox, MD (June 01, 1935 - September 19, 2012) Memoriam

Written and Delivered by Lenard Joseph Edralin, MD, February 20, 2013

“Well rounded,” while making a circular motion with her index finger. That was what she constantly reminded me and my siblings. We heard that numerous times growing up. At the time, we didn’t know exactly what that meant. But she persisted, and because of that, we are much better individuals today.

We are all here today to remember and celebrate the life of a great woman, Angelina Edralin Knox. She was a woman who enjoyed an occasional glass of fine wine. A woman whose purse was more organized and compartmentalized than one can imagine. A woman who worked hard. A woman who put others’ needs ahead of hers. A woman who loved her patients at the hospital and at work. And most importantly, a woman who lived and enjoyed life to its fullest.

But what I think of first when I think of my mom is her kind spirit, which I think, is best reflected in a few stories. As many of you know, my brother and my sister and I lost our biological parents 1 ½ months apart at a very young age - Mom to cancer and Dad to a car accident. We lived with one of our dad’s sisters, Dr. Miguela Malit, and her husband, Dr. Ben Malit, for 1 year in California before we permanently moved here to Wilmington to live with Tange and her wonderful, giving husband, Dr. William Hugh Knox (whom we called UBs, which is short for Uncle Bill). They adopted us and reared us as if we were their own children. That transition was emotionally and mentally difficult, but we got through it because of their perseverance and parenting skills. And believe you me, I’m sure that was difficult for them since we were not the easiest to deal with nor were we the most cooperative. I, personally, scratched her prized 560 SL Black Mercedes convertible when I was 16 years old. We broke a few columns flanking the fireplaces in our bedrooms. We may have even broken a few Wedgewood China pieces. Some of you may have seen a few broken pieces of antiques while you walked around her house. We played golf and tennis inside the house, and I mean full swinging tennis serves and hard hitting golf. With that came broken chandeliers, vases and antiques. Mom did get angry, but what she did was enroll us in private tennis lessons. I can remember getting lectured as to why we shouldn’t play tennis and golf indoors, but most importantly, she told us that we were athletic and that sports were one aspect of being well rounded, again while making that circular motion with her finger.



When the family of one of her regular patients went through a financial hardship, Mom voluntarily took it upon herself to assist the family in whatever way was necessary. She was always the first one to help someone in need. She lived by the Golden Rule, “One should treat others as one would like others to treat oneself.” She was truly altruistic, in a sense she never asked for anything in return.

As many of you know, Mom worked very hard at her Pediatric Office. Despite all that, she made sure that we ate, well, and had the food that we wanted. Before she would have to leave for the hospital, around 5:30 AM, to see the newborn babies and hospitalized children, she would make each of us our individual breakfasts and lunches. For me, she usually made a sandwich with gourmet beef and provolone cheese. She would take the edges off then cut the sandwich into a triangle. Then she would either peel the oranges or separate the grapes from the vines so that the fruit would be easily accessible within the zip-lock bag. Michael would have the same. On the other hand, Jenifer was the less discerning. Jenifer didn’t care as long as she had food in her mouth. Mom even took the time to crack open our lobsters. Can you imagine this tiny lady with a hammer banging away in the kitchen? Somewhere along this banging away of the lobster came a lecture on how providing for your family and being self-reliant are important. Again, we got the familiar circular motion with her finger.

Next up is education. She made sure we had the best education available to us. We were always told to aim higher than what we had set our goals. In that way, we would always overachieve and not be limited by our fear of failing. During summer breaks, we either had to go to summer camps or work at the office. So, of course, we all chose

...Continued on Page 14

....Continued from Page 13

the office. Wouldn't that be an easy job? Little did we know we were actually gonna have to "work." We clocked in like the rest of the employees. But throughout the entire process she made sure we knew how the business ran, from check in to the business aspects. Once we were old enough, we were allowed to follow her and observe her do patient care. With that came discipline, and she showed us how to incorporate discipline in our lives so that we could succeed in our endeavors. At this point, it was all starting to make sense what the circular motion meant.

Mom also appreciated tradition and culture. She had many personal traditions, and really established most of our familial traditions: Jasmine rice with Thanksgiving meal, Jasmine rice with Christmas meal, and Jasmine rice with pretty much anything. Even during breakfast, lunch and dinner, she would set the table as if we were entertaining dignitaries. At a very young age, we all had to know what type of fork was for what purpose, what type of spoon was for what purpose, etc. We all had assigned seats at the dining table. Even now, we have assigned seats at my own home, patterned around the original. We thought we left school and our assigned seats only to come home to more assigned seating at the dinner table. She also enjoyed traveling. I remember taking her to France a few years ago. For those of you who have traveled with her, you know she has a propensity for getting lost. My mom, my friends and I were all walking down the street of Champs d'elysees in Paris when all of a sudden she was nowhere to be found. Of course, my friends' and my reaction was "oh ----." We all ran to the Louis Vuitton store, or the mothership as we called it, hoping to find her there. That would be a negative. So my friends and I, in a panic split up and walked both sides of Champs d'elysees for 1 hour. About to give up, we suddenly decided to stop and take a break when, all of a sudden, I caught a glimpse of this little Asian lady with a beret on her head sitting at a pastry restaurant eating dessert and drinking coffee. I ran over to her in a panic yelling, "Where were you?" She calmly responded, "I was here all the time watching you and your friends run up and down the street. I didn't know what y'all were doing so I decided to sit down and enjoy myself." There are other stories in which she would get lost anytime we traveled anywhere. So, in a way, that was our travel tradition. Enjoy the local culture and play "Where in the world is Angelina Knox?" Not only did she expose us to our own Filipino culture and Americana culture, but she made sure to expose us to all the worldly cultures possible. After all, part of being well-rounded was knowing about all other cultures aside from your own.



Angelina Knox with a former patient, now, also a physician

Her final piece of the "well rounded" mantra was philanthropy. She instilled in us charity within our community. Mom supported many local, statewide, national and international charities. Her most recent endeavor was to build wells in the poverty-stricken rural areas of the Philippines. She was one of three doctors who helped start the Tileston Health Clinic at St. Mary Catholic Church in 1991. She wanted to satisfy a need to provide free medical care for people in the community without health insurance and to those whose income fell within the federal poverty guidelines. When it came time to establish the capital grant for the Betty H. Cameron Women's and Children's Hospital, Angelina was more than ecstatic to contribute to the capital grant. She continued to treat patients at the Knox Clinic even if they didn't have insurance. She always told us to treat every patient as if they were your own family. Prior to her passing, she commissioned 20 wells to be installed in the undeserved and rural villages of the Philippines.

She always had messages and advice for us. Everything she said in her conversations was meaningful. There was always a life lesson. She didn't just speak for the purpose of speaking, she spoke when she had convictions and to be heard and to make a difference. Finally, I have my own message to her. You were the most loving, engaging, caring, supportive, entertaining, smart and inspiring Mom a son could ask for. Your love for Dad, for me, for Michael, for Jenifer, for the life of the mind, and for the people in this room, was and is, my inspiration.

In the end, Mom's beautiful life was exemplified by the way she lived: She did not judge. She accepted. She did not complain. She worked. She did not take. She gave. She did not resent. She loved.



TWO LOCAL PHYSICIANS NAMED ALBERT SCHWEITZER HONORS SCHOLARS

The Albert Schweitzer Honors Scholars Award is the legacy of the Albert Schweitzer International Prizes. On the UNCW campus, from 1973 to 1993, the prizes were awarded to recognize individuals who had contributed significantly in the areas of music, medicine, or humanitarian efforts—areas that exemplify the interests and contributions of Albert Schweitzer. Based on his or her contributions in one or more of these areas, the Albert Schweitzer Honors Scholar is chosen annually by members of the Honors College and staff of Randall Library. Members J. Richard Corbett, MD (2012) and R. Thomas Sinclair, Jr., MD (2013) are recent recipients.

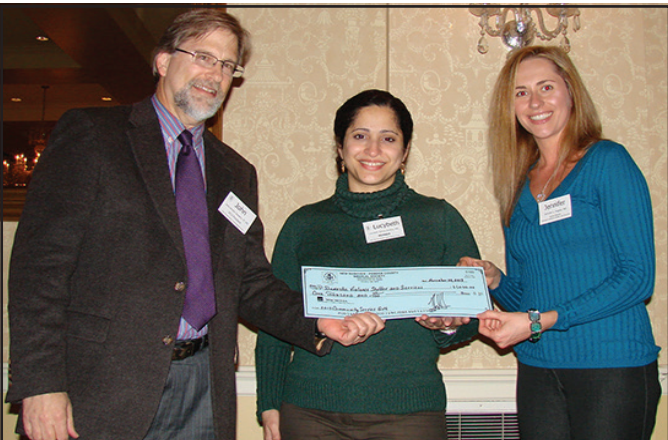


“Richard Corbett has not only inspired students to excel and pursue their dreams, but has also supported community groups to improve the lives of the people of North Carolina and the Cape Fear area. He has taken an active role in the Boys and Girls Home, the Burlington Boys Choir and the Children’s Home Society of North Carolina. He has been an officer and member of both the Cape Fear Foundation Board and the Cape Fear Memorial Foundation Board of Directors. As a physician and still-practicing radiologist, Dr. Corbett has served the people of the Cape Fear region for decades, including service at Camp LeJeune, Southport and Wilmington.”



“Tom Sinclair was a founder of Cape Fear Memorial Hospital, and later Cape Fear Memorial Foundation. He was also instrumental in developing the Cornelia Nixon Davis Healthcare Center. His life is a testament to service and helping others. He has inspired students to excel and pursue their dreams. As a physician, retired radiologist, visionary, and philanthropist, Dr. Sinclair has served the people of the Cape Fear region for many years.” The most senior member of New Hanover-Pender County Medical Society, he celebrated his 100th birthday on December 29, 2013.

Both of these venerable physicians – who also performed outstanding service for their country in the military - have made a significant difference to the residents of the Cape Fear region in the areas of medicine and humanitarian efforts while exemplifying the ideals of Schweitzer’s belief in the “reverence for life”.



The 2013 \$1,000 Community Service gift was presented to Domestic Violence Shelter and Services. The gift was made in honor of the recognition of need, plus determination, work and donations of Dr. Bertram Williams and his wife, Ellen Williams, now deceased, in bringing the Shelter to fruition.



2013 Oyster Roast

Annually, beginning in 1991, the Executive Committee is treated to an Outgoing/Incoming Executive Celebration as a “Thank you” to the physicians for their year of service. In recent years, the event has been in the form of an oyster roast held right at the Society office!

THANK YOU DELEGATES TO 2013 NCMS ANNUAL MEETING!

Edward William Whitesides, MD
 Philip Michael Brown, Jr., MD
 Michelle Fleeman Jones, MD
 Jeffrey Warren Wright, MD
 Mott Parks Blair, IV, MD

Kenneth Samuel White, MD
 James Carden McCabe, MD
 Mark Wayne Morgan, MD

Darrell Ernest Hester, MD
 James Grady Jones, MD
 Edward Joseph Ricciardelli, MD
 Michael Allison Nichols, MD
 Kavita Sharda Persaud, MD

Holiday Party 2013





THE HISTORY OF MEDICINE

NEW HANOVER COUNTY PEDIATRICS

1950 – 2013

(The following is a transcription of Dr. Frank Reynolds' portion of the October 19, 2005 General Meeting during which he, Dr. Samuel Warshauer and Dr. Bertram Williams spoke. On October 16, 2013, Dr. Reynolds and Dr. Williams (with some updates) reprised their talks. Due to the death of Dr. Warshauer on August 01, 2013, Dr. Edward Whitesides read the transcription of Dr. Warshauer's 2005 talk, verbatim. Dr. Williams' superb presentation was unscripted.)



I came back to Wilmington January first of 1950. When I got back here – now y'all refer patients to specialists - but when I came back in 1950, there wasn't a single orthopedist in Wilmington. The first orthopedist, Dr. Bill Wilson, came in 1951. Some of you might remember that he had an office right near St. James Church. He practiced for a few years and then he left. And, following that, we had several orthopedists that came. We didn't have any neurosurgeons. I think that the first one was Bob Moore's daddy, Robert Moore, Jr., and he didn't come until the late 50's or 60's. He came from Winston Salem.

I look in the telephone book at times, looking for family practitioners. You know, everybody says that, over in Eastern North Carolina, you have all these family practitioners. For ten years, we had one family practitioner, Dr. G.R.C. Thompson. You probably remember him. He was here for years. But, obviously, all of the other doctors were doing family medicine – surgeons were doing family medicine and everybody was doing family medicine, so to speak, but they were surgeons, they were internists or pediatricians and so forth. I can say that I think Wilmington was a little different from some areas because the vast majority of the children and infants in Wilmington were treated by pediatricians. None of the other doctors liked to treat pediatric patients.

Another factor was, with Dr. Sidbury's influence, all of the mothers, I guess, had gotten to where, if their child was sick, they wanted to see a pediatrician. The other thing was, as I mentioned, after ten years, nobody claimed to be a family practitioner.

I want to tell you something about the history of pediatrics in Wilmington. When I came here, there were 5 other pediatricians: Drs. George Koseruba, J. Sidbury, Auley Crouch, Sr., Auley, Jr. and Dr. Joseph Knox. I was the sixth one and it remained that way for a number of years. The thing that really made medicine mushroom in Southeastern North Carolina was the development of New Hanover Regional Medical Center. When people ask me, I tell them that the two most important things that have happened in Wilmington, during my lifetime, anyway, were, first, development of UNC-Wilmington out on College Road and the way it has expanded, and second, the development of New Hanover Regional Medical Center. I think these two things have attracted industry as well as retirees and other people to Wilmington.

To discuss the history of pediatrics, you have to talk about Dr. J. Sidbury. I don't know how many of you knew him, but he was a remarkable individual in Eastern North Carolina. There were two pediatricians in Eastern North Carolina when he came before 1920. I think the first one was Dr. Root, Albin Root, in Raleigh. The second pediatrician in Eastern North Carolina was J. Sidbury. I think he finished at Hopkins, and then he went to New York. He was interested in children and took three or four years training in a New York hospital. Then, he came back to Wilmington to set up practice in 1918.

In that period of time, after World War I, the affluent people in Eastern North Carolina, as well as all over the state, would pack up the children and the family and go to Wrightsville Beach for vacation. It was very popular. You had to go by beach car, but they would go over and rent a cottage for a week or two and when the children got sick here – and in those days there was a lot of diarrhea – Dr. Sidbury would take care of all of the children, and he made it convenient. He had the idea that he would set up a hospital down at Wrightsville Sound. As you go to the beach, it was right to the left before you cross the drawbridge. He set up Babies Hospital in 1920. He bought an old house and developed the hospital in it. I think

....Continued on Page 18



....Continued from Page 17

there were 20 rooms. He had 2 beds in every room. He was a big believer that the child got well a lot quicker if the mother was accompanying it, so he always had the mother and child there together. He would open the hospital in May, when all the tourists from up state would come here, and he could keep it open until September. Then he would close it and move back to his office, which was on Fifth Street right next to First Baptist Church at Fifth and Princess. He was very successful at that.

In 1927, Babies Hospital burned down, burned to the ground, but, along with insurance money, Dr. Sidbury used some of his own money - and he had a lot of affluent patients that contributed money. So, he built back a hospital that was fireproof. The Babies Hospital that you knew, until its demolition in January of 2004, had about 30-40 beds. He still just kept it open in the summers until 1937. In 1937, he kept it open year round and, in the early 40's, Mrs. Jessie Kenan-Wise of the Kenan Family, here, gave Dr. Sidbury a contribution to add a third floor to the Hospital. It was originally two floors. He ended up with 50-60 beds and they kept, maybe, 40 beds full. He had several different and innovative ideas. In those days, there were only small hospitals in Eastern North Carolina. The nurses had no pediatric training. They just had nursing school. So, he set up a deal with most of the schools whereby they would send the nurses down to Babies Hospital for three months of pediatric training and, at the same time, he would have use of the nurses while they were there. He also got Babies Hospital credited for a Pediatric Residency, so many of the pediatricians in North Carolina spent a year's residency down at Babies Hospital. Dr. Koseruba was down there for a year after he left James Walker before he went into practice there. Babies Hospital was very successful.

Dr. Sidbury died in 1967, I think it was, and Babies Hospital continued to function for about 10 more years until the census got down real low, to around ten patients. Then, the Board of Directors couldn't keep it open. I think the fact that New Hanover Regional Medical Center had an excellent pediatric facility was the major reason. So, the Board voted to close Babies Hospital. They sold it a couple of years later for an office building. Proceeds from the sale of the Hospital were used to set up The Babies Hospital Foundation which supports indigent children in Southeastern North Carolina. They give grants.

I want to try to fill you in on the New Hanover County Health Department and the relationship it has with the Medical Society. I think, if you practice in an area, it's good to know something about the history of the area. New Hanover County, with Wilmington sitting down here, was a sleepy little area for a long time. At times, though, it was one of the busiest cities in North Carolina. One time, of course, was during the Civil War, when the only access the South had to overseas, with all the other ports being closed, was Wilmington. Fort Fisher guarded Wilmington in those days, too. You see pictures of the port, here, then, and there are schooners and blockade runners all over the place. They came here to pick up cotton and take cotton overseas and bring back things that the Confederacy needed.

The Health Department in North Carolina was started by a doctor from Wilmington. I don't know whether you know of him, but Dr. Thomas Fanning Wood, in 1873, personally went to Raleigh and talked to the Legislature. He had been through Lee's Army all through the Civil War treating patients. He saw the sanitation problems and what they did to spread disease. He went to the Legislature and got them to pass a bill creating the North Carolina Board of Health. He served as its first Secretary-Treasurer for 15 years! (He also co-founded the *North Carolina Medical Journal* in 1878!) Dr. Wood was the first director of the local Board of Health, serving for ten years. He ran the Board of Health from his house which was at Second and Chestnut where the old Belk's was and where the Library is now. He actually conducted the Health Department out of his house, there. And through the years, the New Hanover County Health Department has been known as one of the excellent health departments in the state. Two or three times, I know, while I was there, they were voted the outstanding health department in the state. Originally, it was the city health department, the Wilmington Health Department. There was a Dr. Nesbitt who was the head of the Health Department. All of you have heard of Nesbitt Court which was named after him. Dr. Nesbitt talked to the County Commissioners and the City Council and got the city and county combined into the New Hanover County Health Department. He also did a lot to improve health in those days. If you read the history, you will learn that there wasn't any central sewage system. All the homes around had privies and they weren't following any particular guidelines as to how they were building the privies. They say that the area was just loaded with filth and excrement. The drainage was poor. There were mosquitoes everywhere, flies everywhere. They had epidemics. Epidemics of typhoid fever. Epidemics of yellow fever. As a matter of fact, the yellow fever epidemic in the early 20th century practically wiped out the

....Continued on Page 19



....Continued from Page 18

medical profession. I think about half of the doctors who practiced in Wilmington at that time died of yellow fever. When there is a worldwide epidemic, with most any disease, the first city that is affected is a port. That is the way it was with yellow fever in Wilmington.

In this county, we always had a physician head of the Health Department. Joseph Knox was Director from 1967-74. He was followed by Dr. Jim Finger who came here from Winston Salem. Some of you might have known him. He was there for about three years. After his tenure, the Board of Health decided that it was expensive to hire a doctor as director, so they hired civilians. A Mr. Brown tried for two or three years, but that didn't work out so well. After that, Bob Parker – I know many of you know Bob Parker – was head for about 14 years and did a wonderful job. He was very successful and left Wilmington when he was hired by Wake Forest Medical School in Winston Salem. He was followed by our present director, David Rice. Dave is doing a wonderful job, as well.

The Health Department is run by the Board of Health. The Board of Health is supported by the County Commissioners. The present Chairman of the Board of Health, Robert E. Lewis, can tell you what the Board of Health has to go through. The law says that the Health Board is to be composed of 11 members: a veterinarian, a pharmacist, a dentist, a physician, an optometrist, a registered nurse, an engineer, three at-large members and one member of the County Commission. The County Commission appoints Board of Health members. Then, the Board of Health runs the Health Department. Our Medical Society has one representative. In the past, Philip Smith did an excellent job as the physician member. Currently, Rob Shakar, Jr., 2006 Medical Society President, is completing nine years, the maximum that any member can serve. Rob has done an outstanding job.

I would like to add a few words about the economics of medicine in Wilmington. It was our practice, here, to charge \$3 for an office visit and \$5 for a house call. If you had a patient in the hospital, you charged \$5. Since you wrote the history and physical the first day, that fee would be \$10 and \$5 per day after that. Back then, the obstetrician would ask you to see a newborn. In those days, babies and mothers were in the hospital for about 5 days. They were charged \$10. And that wasn't so bad. But, I also looked back and, in 1962, I was still charging \$3 for an office visit and \$5 for a house call. Mothers would call early in the morning and you would stop at lunch time and make 4 or 5 house calls. Gradually, as mothers became better educated and the facilities got better, house calls became fewer and fewer, saving us doctors a lot of trouble.

The final thing that I would like to familiarize you with is some statistics. Most of you physicians belong to the New Hanover-Pender County Medical Society. When I came here, there were 50-60 members of the Medical Society. We met at the Cape Fear Club. If we had 55 members, there would be 50 of them at the monthly meeting. They all got together and religiously attended the Medical Society meetings. Now, gosh, I don't how many of you have any idea of how many doctors we have in New Hanover-Pender County

In my research, I found that there were 60 doctors in 1950. In 1960, there were 80 doctors. In 1970, we had 100 doctors. When New Hanover Hospital opened in 1980, the number of doctors increased to 180. In 1990, the number rose to 375. In 2005, we had 475 doctors. In 2013, we have 910 doctors, including 766 Practicing Physicians and 144 Retired Physicians. We have 437 Active members, 73 Life Members, 3 Disabled Members and 40 Physician Assistant Members, a total of 552 Medical Society members. We have 57 physician couples and 46 widows. Only 19 physicians (plus our executive director) contributed (in 2013) to NCMS PAC, the political action arm of the State Society.

Our local Medical Society has always been active as far as the State is concerned. I looked that up. Chartered in 1867, we are one of the oldest county societies. Since 1849, we have had 15 State Presidents: Frederick Hill, J. H. Dickson, S. S. Satchwell, Thomas Wood, W. T. Ennett, G. G. Thomas, E. J. Wood, J. G. Murphy, J. B. Sidbury, James Robertson and Donald Koonce. In more recent times, State members elected yours truly in 1975, John Dees in 1992, C. K. Rust in 1998 and, as I predicted in 2005, Michael Moulton in 2012. Dr. Moulton will give his final speech as NCMS President on October 25.

Frank Russell Reynolds, MD

New Hanover - Pender County Medical Society
5305 Wrightsville Avenue, Suite D
Wilmington, NC 28403-6507

Telephone: 910-790-5800; Fax: 910-790-5600

MedicalSociety@NHPCMS.org

Presorted Standard
U. S. Postage
PAID
Wilmington, NC
Permit No. 158

ADDRESS SERVICE REQUESTED

Every Member, Every Day!

*Congratulations and Thank You to
Rob Shakar, MD for his Nine Years
of Exceptional Service as Physician
Representative to the New Hanover
County Health Department!*

Year in Review 2013 Newsletter

2014 Executive Committee

President	James C. McCabe, MD
Immediate Past President	John W. Sanders, III, MD
President-Elect	Darrell Ernest Hester, MD
First Vice-President.....	Joanne B. Allen, MD
Second Vice-President.....	S. Bryan Durham, MD
Secretary	J. Todd Kornegay, MD
Treasurer	William W. Hope, MD
Assistant Treasurer	Donald L. McLamb, Jr., MD
Member-at-Large (New Hanover)	Edward Joseph Ricciardelli, MD
Member-at-Large (Pender)	Michelle F. Jones, MD
2012 President	Edward W. Whitesides, MD
NCMS President 2012-2013	Michael P. Moulton, MD
Former NCMS President	Frank R. Reynolds, MD
Former NCMS President	C. K. Rust, II, MD
RPS Coordinator	R. Bertram Williams, Jr., MD
Executive Director	Ms. Bonnie J. Brown