



American Medical Association President Visits Port City Physicians

AMA President, Cecil B. Wilson, MD, visited NH-PC Medical Society in April. During his busy and eventful trip, he was interviewed by the Star-News and had television and radio interviews on WECT, WSFX and WAAV. His informative talk "AMA Physician Advocacy: Moving Medicine Forward", updated the Medical Society on the AMA's role in current-day medicine and healthcare policy. A donation in Dr. Wilson's honor was made to the Premedical Scholarship at UNCW. Dr. Wilson chose this way of our honoring him instead of a gift.

His official hosts while here were: Drs. C. K. Rust, Scott Colquhoun, Clayton Callaway (a former classmate) and Ed Whitesides. Dr. Wilson and his wife, Mary Jane Wilson, were most gracious guests, accommodating, with kindness, every request for photos, handshakes and media interviews.



Medical Society hosts for Dr. Wilson were (L to R) Drs. Ed Whitesides, Clayton Callaway, C.K. Rust and, absent from the photo, Dr. Scott Colquhoun.



AMA President Cecil B. Wilson with NH-PCMS Premedical Scholarship recipient, Olga Pylaeva

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The Cure for the Bad Week Blues

William W. Hope, M.D., 2nd Vice-President



As I was packing up my bags to move my family from Charlotte, NC to Wilmington, I was told by many people what a strong medical community I was moving into. As a newcomer to the area and a young physician, I didn't really understand what that meant. However, in the little over 3 years that I have been in Wilmington, I have found that statement to be true and, possibly, an understatement.

Shortly after moving, I was instructed that it would be a good idea to join the local medical society as a good way to become involved in the medical community and meet other physicians. I still remember the warm reception we encountered when my wife and I showed up for our first Medical Society meeting. We were greeted by name and within a short period were introduced to many other new physicians that had recently moved to town, as well as many established physicians.

Since this first introduction, I have always enjoyed attending Medical Society meetings, socializing with other physicians, and enjoying a wonderful program. Often the programs are inspiring and thought provoking. At one of our recent meetings, I

was really struck by something not related to the program at all.

As can happen sometimes in medicine, I was having a bad week. I had a very hectic surgery schedule, many sick patients in the hospital and had to deliver bad news to some families relating to the poor prognosis of their loved ones. Apart from the busy clinical schedule, I had recently overheard conversations around the hospital of worsening reimbursement, shortage of doctors, and the ever-increasing demands on physicians.

Despite my busy week and pressures to get home at a reasonable hour to see my family, I decided to go to the Medical Society meeting on my way home to have dinner and relax. I can't recall the exact sequences of the night except that I arrived a little late and rushed in to go through the dinner line. When I had filled my plate, I looked around to find a place to sit and saw that most of the tables were either filled or empty except the one right in front of me that had several couples with one extra seat.

I politely introduced myself and asked if I could join them. I was greeted by several retired physicians and their wives, some of whose names were familiar as influential surgeons and medical doctors that had greatly contributed to the healthcare of our community.

As I sat down to eat, frustrated by what a bad week I was

having and lamenting my decision to become a doctor in these troubling times, I started listening to the dinner conversation.

Although the initial talk at the table was about their latest trips, upcoming activities, children and grandchildren, the conversation quickly changed to reminiscing about their lives as physicians and the wonderful experiences they had.

They told all kinds of stories about being a doctor and taking care of patients. As I listened, I slowly felt myself becoming less frustrated with my week and this profession I had chosen. I was sitting with a group of people who were proud of what they had accomplished and all the patients they had helped. More importantly, they had no regret on their decisions to become physicians and would have done it again in a heartbeat.

With all the impending pressures that we as physicians face, sometimes it is good to sit back and be reminded what a wonderful profession we belong to and how truly blessed we are to do what we do.

The next time you are having a bad day or week, just sit back and take a moment to remember what a wonderful opportunity we have to help our patients and their families and how fortunate we are to be in this profession.



Life Member Honoree



A. Darrell Tackett, MD (02-16-11)

Lemons to Lemonade!



Renowned author and speaker, Thomas Morris, Ph. D., gave an inspirational talk at the January meeting. The meeting was sponsored by Wilmington Health and included installation of 2011 officers.

September Highlights



Dr. and Mrs. William Ferrell Shuford, Jr. on the occasion of his 50-Year Club induction on September 21, 2011



The Elisha Thomas Marshburn, Jr., MD family gathered, September 21, 2011, for Dr. Marshburn's memorial given by James Snyder, MD.

Welcome New Members

John F. Mearns, DO, EM, MEDAC; John A. Tafel, MD, PM&R; Craig N. Lippe, MD ORS, Carolina Sports Medicine; Rachel L. McLean, DO, OBG, WH; Paula T. Babiss, MD, IM, WH; Nicholas A. Jernigan, MD, IM/Peds, WH; Peter R. Maggiore, MD, ID, WH; James R. Benett, Jr., PA-C, WH; Karol D. Downing, PA-C, WH; Darcy Jo Rezac, PA-C, WH; William J Malivuk, PA-C, WH; Elizabeth C. Ward, PA-C, NH Medical Group; Nalini S. Baijnath, MD, NHCHC; J. Kevin Adgent, MD, NHRMC Hospitalist; Neil R. MacIntyre III, MD, Atlantic Orthopaedics; Patrick C. Ellison, MD, CF Heart Associates; W. Borden Hooks III, MD, University Physicians; Daniel J. Cozzati, PA-C, Port City NS & Spine; Brian L. Donner, DO, SE Nephrology (Retroactive); and from MEDAC: Tammy N. Moore, MD, De Benjamin Winter III, MD, Robert L. Young, DO

IN MEMORIAM

Physicians

David Stanley Bachman, MD 01-01-11
Dale Woods Boyd, Sr., MD 03-26-11
Carle Lester Unsicker, MD 05-26-11
Luiz Sergio Lisboa, MD 10-07-11

Roger Lee Simmons, Jr., MD 02-14-11
Elisha Thomas Marshburn, Jr., MD 04-28-11
Gregory Steinkraus, PhD 08-08-11

Physicians' Spouses and Children

Mary McLean Mason 12-15-10 (Wife of Dr. Lockert B. Mason, MD and Mother of John Mason, MD)
Betty Lee Gray Desjardins 03-05-11 (Wife of Richard Desjardins, MD)
Elizabeth Goldberg O'Quinn 04-16-11 (Widow of Nelson O'Quinn, MD)
Sarah Taylor Fales 07-25-11 (Widow of Robert Fales, MD)
Laura Elizabeth "Betty" Johnson 09-28-11 (Widow of Heber Johnson, MD)
Howard F. "Heath" Marks, III 09-20-11 (Son of Hank Marks, MD and Ms. Sandy Marks)



A Banner Year And More To Do

due to air quality hazards. We heard a riveting presentation by Lieutenant Colonel James Zumwalt. We were presented with a look back at the evolution of medicine in New Hanover County and were given projections for what the future of care might look like. We had a nice holiday wrap-up party during which the President-Elect of the NCMS, our own Mike Moulton, saved a man from choking at an event on the other side of the building. Our delegation to the NCMS sponsored 2 resolutions, both of which prompted action at the state level. Through it all, we have experienced tremendous physician engagement.

It has been a pleasure to serve as 2011 New Hanover-Pender County Medical Society President. This has been a banner year for us in many ways. We have experienced excellent and well-attended meetings, including visits from AMA President Cecil Wilson and UNC Hall of Fame Basketball Coach Roy Williams, who gave not only one of the best talks we ever had, but gave it in front of an all-time record attendance for us. Our social events have been extremely well attended, including one event altered by torrential downpours and another during which we were blessed by the musical talents of some of our own. We sponsored a resolution resulting in communication with the Governor of our state, making a plea in the interest of our patients based on threats to public health

I believe that the grand successes of our year are a direct result of the degree of physician participation we have enjoyed. A prime example is tort reform. Without the total engagement of so many of our colleagues throughout the legislative session, we would surely have been lamenting another lost opportunity rather than celebrating a long-overdue victory. For that participation, I would like to personally thank all who became involved. Because of you, it worked. For the first time in at least a decade, physician unity reached the "critical mass" necessary to forge the type alliances required for moving the political machine in the North Carolina Legislature, including a tightly contested veto override. This critical mass achievement is

remarkable, for it comes at a very uncertain time in the history of medicine for our country. Never before has the house of medicine faced the potentially tectonic shifts now in front of us. Yet, despite this lack of security, we, as physicians, have consolidated and done a good job of speaking with a single voice. From our success we might well take a lesson. No longer can we expect to achieve the needs of our practices by crying out as lone wolves in the dark, or by butting heads amongst ourselves. We must work to develop "good for medicine" positions that we can all support, and with this solidarity usher in new opportunity. It is we who must lead the charge into the future of health care delivery. It is we who have the best interests of the patient at the top of the priority list. It is we who must find ways to forge alliances heretofore believed to be unlikely, unnecessary, or impossible to achieve. In so doing we give ourselves the opportunity to continue to do what we love in a meaningful fashion and in a way over which we may exert some measure of control.

I look forward to working together with you as we shape our evolution.

At your service,

Philip M. Brown, Jr., MD

Philip M. Brown, Jr., M.D., F.A.C.S.



2011 Health Hotline

The 2011 WWAY-TV Health Hotline, sponsored, jointly, by WWAY, New Hanover-Pender County Medical Society (NH-PCMS), and the NCMS was held at Independence Mall in Wilmington on Tuesday, January 25th. Once again, the Hotline allowed viewers an opportunity to talk with a doctor free of charge.

January 25 Telephone Volunteers

Robert Shaker, Todd Kornegay, Richard Nasca, Nicholas Jernigan, Elizabeth Coleman, Ed Whitesides, Robby Adams, Gregory Zwack, Richard Crane, James Hundley, Ben Wall, Jonathan Hines, Damian Brezinski, Vaishali Escaravage, Sam Spicer, Isabella Bentsen, William Hope, Hormoze Goudarzi, George Escaravage, Kevin Scully, Anne Allen, Scott Crowder, Albert Abrons, Kavita Persaud, Sohail Lateef, James Kesler, Jonathan Siuta, Michael Donahue, John Sanders, Steve Klein, Pat Boylan, Gordan Coleman, Matt Janik, Sandra Hall, Shawn Hocker, Raja Bhat, David Hill, Philip Brown



Health Hotline TV Promotional Spots: David Hill, Nancy Cunningham, Philip Brown

Day of Health Hotline TV Interviews: David Hill, Nancy Cunningham, Nicholas Jernigan, Shawn Hocker, Matt Janik, Steve Klein, Sandra Hall



Hoke W. Pollock, MD accepted the 2011 Community Service Gift to ACCESS of Wilmington for Miracle Field from Society President, Philip M. Brown, Jr., MD (October 19, 2011).

Health Policy

On August 29, 2011 Alan H. Lockwood, MD, F.A.A.N., gave a special presentation entitled "Health Effects of Heavy Industrial Pollution".



Left to Right: Drs. Fred Oppen, Bob Parr, John Sanders, Alan Lockwood, David Hill, Ed Horger, Bill Buchanan



Greetings From Cape Fear Medical Alliance



The Cape Fear Medical Alliance is ready to “ring in the New Year”!

We welcome in 2012 by celebrating the 30 year anniversary of our cookbook, *A Cook's Tour of the Azalea Coast*. With the proceeds from the first edition of this cookbook in 1982, the Auxiliary to the New Hanover-Pender County Medical Society founded the Hospitality House of Wilmington, a home away from home for families and seriously ill patients in local hospi-

tals. The Cape Fear Medical Alliance continues to sell the cookbooks as a fundraiser for health-related initiatives. Most recently, we have helped the Hospitality House establish a benevolence fund for families that are unable to pay the nightly fee. We will also hold our first Alliance meeting in 2012 at the Hospitality House – during which we will deliver items from their Top Ten Wish List to help them kick off the New Year! To help support this 30 year fundraiser, please visit our website to contact us

about purchasing cookbooks (members \$10 each or 3 cookbooks for \$25) www.capefearmedicalalliance.org/cookbook

A Cook's Tour of the Azalea Coast was also featured in the December issue of *Wrightsville Beach* magazine in the “quick holiday treats” section (pages 66 & 67). Check us out in this magazine or online at www.wrightsvillebeachmagazine.com



Pictured: NCMS President-Elect, Charlie Monteiro; NCMS counsels, Steve Keene and Melanie Phelps; NCMS Membership Director, Shawn Scott; NCMS Speaker of the House of Delegates, Michael Moulton and local Society President, Philip Brown, Jr. (07-07-11)

Tort Reform

On July 7th, 2011, the North Carolina Medical Society hosted a meeting at SEAHEC to stress to our physicians the importance of contacting their legislators regarding Senate Bill 33's passage. Physicians also discussed tort reform with Thom Goolsby at a special March meeting. Efforts such as these resulted in the bill's being passed, a major victory for our healthcare system.

Pictured: Philip Brown and Joshua Vogel discussed important healthcare issues with Senator Thom Goolsby (03-03-11).





Coach Roy Williams Speaks to Medical and Legal Professionals

On May 18, 2011, the Medical Society welcomed Head Coach of the UNC Men's Basketball Team, the legendary Roy Williams, to its Joint Meeting with the Bar Association. Coach Williams told story after fascinating



story relating to his many years as a basketball coach, starting with his humble beginnings as a high school coach to his present position as coach of one of the most prestigious college basketball programs in the country. Perhaps the most intriguing and heartwarming part of the night

was Coach Williams' reminiscence about a letter that Mike Brown, a former coach and NHC Athletic Director, received, 31 years ago, from Bill Guthridge. The letter thanked him for suggesting that UNC take a look at Michael Jordan as a Tarheel prospect. Brown gave the framed letter to Coach Williams for placement in the UNC Basketball Museum's Michael Jordan Exhibit in Chapel Hill.

The evening was truly extraordinary and the best-attended meeting the Society has ever had. Holding the event in the beautiful new Wilmington Convention Center added an additional layer of delightful ambiance to the occasion.



Congratulations, 2011 NCMS Leadership College Graduates!



Frank Adams Hobart, MD



Joanne Bell Allen, MD

2011 Athletic Pre-Participation Screening Exams

Many thanks to the participants in this year's program for providing examinations to student athletes.

Anne Allen, MD, Co-Chair

Tom Marcinowski, Jr., PA-C

Karen Isaacs, MD

Jess Knapp, MD

Jodie Calain, MD

Erin Griffin, MD

Shalini Vaid, MD

Lydia Wright, MD

William Sutton, MD

Debbie Sherman, PA-C

Belinda McPherson, MD

Patrick Boylan, MD, Co-Chair

Ed Whitesides, MD

Thomas Marcinowski, Jr., PA-C

Monique Moona, MD

Paige Houser, FNP

Noha Mataoui, MD

Clyde Harris, MD

David Rockewell, MD

Lucas Faulkenberry, MD

Andy Illobre, PA-C

Grant Meyers, PA-C



Each summer, the Medical Society, in concert with the Health Department, conducts free health screening physicals for New Hanover County student athletes and cheerleaders. Through this program, begun decades ago, physicians administer the state-mandated examinations at no cost to the school system or the student.

NH-PCMS Family Day

A wonderful afternoon and early evening were experienced by our folks during Family Day, held on June third at Halyburton Park. On a perfect day, weather wise, children and adults, from infants to folks in their eighties, enjoyed the marine animal



exhibit, the playground, games, a full meal and the ice cream truck! Missing were our many members in their nineties. Next year!





NH-PCMS Premedical Scholarship



NH-PCMS President, Philip Brown, with Premedical Scholarship recipient, Olga Pylaeva, 04-26-11

The New Hanover - Pender County Medical Society has endorsed and supported an annual scholarship for a premedical student at UNCW since 1989. This year's winner was Olga Anatolyevna Pylaeva. Transplanted from Russia to Chatham County, NC at age 13, without knowing English, Olga has done remarkably well in her time at UNCW and is an extremely talented, well-rounded student. Her major is biology and she boasts a GPA of 4.0. She is involved in numerous extracurricular activities relating to medicine including volunteering at Cape Fear Hospital's emergency room, working as a certified nursing assistant, traveling on a medical service trip to Honduras and shadowing doctors at UNC as a part of Science Enrichment Preparation Program. She directed individual study and honors work in Dr. Pyott's research lab working on distribution of NA,K-ATPase α subunits in the rat vestibule and was able to present her research at the Association for Research in Otolaryngology's 34th Mid Winter Meeting in Baltimore, Maryland. Olga organized a Global Medical Brigades (GMB) Chapter at UNCW and took up the role of chapter president. Congratulations to Olga Pylaeva on her fine accomplishments.

Full Belly Project

On June 29, 2011, Jock Brandis spoke at an RPS meeting. In 2003, Brandis teamed up with a group of returned Peace Corps volunteers from Wilmington, NC to form the Full Belly Project, a non-profit organization dedicated to designing and distributing unique appropriate technologies in developing countries. Among his many awards, since then, he has been recognized by MIT and Popular Mechanics and as a CNN Hero and Purpose Prize winner. The Full Belly Project is now present in over 20 countries on four continents.



Military Hero Visits Medical Society

Lieutenant Colonel James G. Zumwalt (RET) spoke during the October 19, 2011 General Meeting. The author of *Bare Feet, Iron Will*, he writes, extensively, on foreign policy and defense issues, having written hundreds of articles for various newspapers and magazines.



Lieutenant Colonel Zumwalt with Bonnie Brown

Summer Social 2011

A fun evening was had by all at this year's 16th Annual Summer Social supported by Wilmington Gastroenterology.



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Stay Out of Trouble

A Tip for Physicians and Practices

When a practice breaks up or one of more physicians leave, the practice must ethically tell the departing physician's or physicians' patients:

1. Where the departing physician will be practicing, including his new address and phone number.
2. How to access a copy of their records.

Patients have a right to follow their physicians and to receive copies of their medical records.

Based on October 24, 2011 *American Medical News*: "Pain Management of Practice Breakups" by

Emily Berry.

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2010 ROLL OF HONOR

The Medical Society recognizes, with appreciation, the physician practices, businesses and individuals that provided support during 2010.

Atlantic Orthopaedics-January Meeting
SunTrust Private Wealth-January Meeting
 * **StarNews**-January, February, April, May 19th Social, September, and October Meetings *
 * **Wilmington Health Associates**-February Meeting and December Holiday Party *
Britthaven of Wrightsville-February Meeting
Britthaven of North Chase-February Meeting
Thomas and Michele Clancy-St. Patrick's Day Social
Derrick Hickey & Cathy Fleming-St. Patrick's Day Social
Lower Cape Fear Dermatology-April Meeting
Southeastern Medical Group-April Meeting
New Hanover Regional Medical Center-June Meeting
Stratas, Weathers, and Turner-June Meeting
Nick Stratas, JD & Nicholas Stratas, MD-June Meeting

Wilmington Gastroenterology-August Summer Social
Musicians: Concordia Strings (Gaile Zack, Mira Wolins, Greg Zack), Hoke Pollock, John Sanders, Craig Corry, Damian Brezinski, and Bill Buchanan-August Summer Social
First Citizens Bank-September meeting
Kavita Persaud, MD, Carolina Geriatrics-October Meeting
Wilmington SurgCare, Inc.-October Meeting
Wilmington Orthopedics-November Meeting
American Anesthesiology of the Carolinas-December Holiday Party
Atlantic Neurosurgical & Spine Specialists-December Holiday Party
Edward Ricciardelli, MD-December Holiday Party
Medac-December Holiday Party
Coastal Carolina Radiation Oncology-December Holiday Party

* Denotes multiple sponsorships within one year.*

Outgoing 2011 Executive Committee

- Philip Brown, Jr, MD President
- Derrick Hickey, MD Immediate Past President
- Edward Whitesides, MD President-Elect
- Scott Colquhoun, MD 1st Vice-President, Program Chairman
- William Hope, MD 2nd Vice-President, Newsletter Editor
- John Sanders, III, MD Secretary
- Elijah Gregory, MD Treasurer
- Michelle Jones, MD Assistant Treasurer
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- Bryan Weckel, MD Member-at-Large, Pender
- Bertram Williams, Jr., MD..... Retired Physicians Section Coordinator
- Frank Reynolds, MD Former NCMS President
- C. K. Rust, II, MD Former NCMS President
- Michael Moulton, MD NCMS Speaker, HOD
- Bonnie Brown Executive Director

Holiday Party 2011

The Holiday Party, held at Cape Fear Country Club on December 2nd, was a huge success.





Dr. Rhyne Honored



In April, Janelle Rhyne, MD, our 1998 President and former NCMB President, was installed, in Seattle, as Chairman of the Federation of State Medical Boards.

Past, Present, and Future



At the Society meeting, October 11, 2011, Neill Musselwhite, MD moderated a wonderful evening of speakers entitled “A Glimpsing...Past, Present and Future.” Mr. Jack Barto, Mr. Scott Whisnant, Dr. Philip Brown, and Dr. Sam Spicer shed light on the tradition of excellent healthcare in our community and where it is going.



Dr. Moulton Elected President of NCMS

Michael Paul Moulton, MD, an Emergency Medicine physician with New Hanover Regional Medical Center, was named President-Elect of the North Carolina Medical Society (NCMS) at its Annual Meeting in Raleigh. The NCMS is an organization representing roughly 12,000 physicians and physicians assistants throughout the Tar Heel State. He will become President next October. Moulton has been a member of the Society since 1995 and serves on its Board of Directors, as well as the Board of Directors for the New Hanover-Pender County Medical Society of which he is a Past President.



Young Physician Begins Early

Lenard Joseph Edralin, M.D., M.S., F.A.A.P, Knox Clinic Pediatrics, provided music during the August 31, 2011 Summer Social. He served as a 2011 NCMS Delegate and is currently an NCMS Leadership College Scholar.

Dr. Tinsley Honored



Betty Tinsley “pinned” spouse, Ellis Allan Tinsley, MD, to commemorate his induction into the Fifty-Year Club, December 14, 2011, during an RPS meeting.



Don't Miss the January 18th Inaugural Program

Paul J. Schenarts, M.D., FACS, a trauma surgeon and Director of the General Surgery Residency Program at the Brody School of Medicine, East Carolina University, will join us for the first meeting of the New Year to talk about his experiences with battle injuries and war surgery during Operation Enduring Freedom in Iraq and Afghanistan.



Match These Antique Tools of Medicine with Their Correct Description

(Answers below)

A.



1.

Ecraseur (1870s)

This ecraseur was used to sever hemorrhoids and uterine or ovarian tumors. The chain was looped over the mass and tightened using the ratchet, stopping the circulation of blood to the area.

B.



2.

Artificial Leech (1800s)

Bloodletting with leeches was such a popular treatment for a range of medical conditions that an artificial leech was invented in 1840 and was used frequently in eye and ear surgery. The rotating blades would cut a wound in the patient's skin, while the cylinder would be used to produce a vacuum that sucked up the blood.

C.



3.

Hernia Tool (1850s)

This unique tool was used after the restoration of a hernia. It was inserted into the body near the affected area and left there for a week to produce scar tissue that would help seal off the hernia.

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December 2011 Newsletter

Every Member, Every Day!

2012 Executive Committee

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John W. Sanders, III, MD.....President-Elect
Scott A. Colquhoun, MD.....1st Vice-President, Program Chairman
William Hope, MD..... 2nd Vice-President, Newsletter Editor
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Bryan M. Weckel, MD.....Member-at-Large, Pender
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Frank R. Reynolds, MD.....Former NCMS President
C. K. Rust, II, MD.....Former NCMS President
Michael P. Moulton, MD.....NCMS President-Elect
Bonnie J. Brown.....Executive Director

May The Happiest Of Holiday Seasons Be Yours!